



Kundalini Research Institute

Aquarian Trainer Academy

Level One Teacher Trainer Candidate Questions

Please think carefully about the following questions and enclose your written answers with your application.

1. Why do you want to become a Teacher Trainer?
2. What are your unique strengths, talents and specialties?
3. What are your areas of challenge in regard to being a Teacher Trainer? What do you need to succeed as a Trainer?
4. What is your understanding of the Golden Chain and how do you fit into it? What is your relationship to Yogi Bhajan?
5. Have you read and understood the Code of Ethics? In what way do you incorporate it into your life? Do you live a yogic lifestyle? What does that mean to you? Do you experience challenge in this area, and if so, how are you working to address that challenge?
6. What does 3HO mean to you? What is your involvement with 3HO locally, nationally and internationally?
7. What is the role of the Teacher Training Program in building conscious community?
8. Describe your personal role in the building of conscious community.
9. What was the last 3HO event (Solstice, Yoga Festival, White Tantric...) you attended and what was your experience?
10. What Teacher Training Team will you join? Who is the Lead Teacher Trainer? What are the strengths and qualities of this team and why do you want to work with them? What is your present relationship with this team?